## Spicy Italian Cookies

Course Cookie, Dessert Cuisine Italian Prep Time 3 hours Cook Time 20 minutes Total Time 3 hours 20 minutes Author Lucy DiTondo, Friends of St Coumba's St. Lucy

## Ingredients

- 2 cups sugar
- 2 cups butter
- 4 tbsp anise seed
- 4 tbsp anise extract
- 5 cups flour (sifted twice)
- 3 tbsp bourbon
- 2 cups almonds or walnuts
- 6 eggs
- 1 tbsp baking powder

## Instructions

- 1. Mix sugar, butter, anise seed, anise extract, bourbon and nuts together.
- 2. Beat in eggs.
- 3. Sift flour twice, measure, add baking powder and sift again, adding to sugar mixture.
- 4. Blend thoroughly.
- 5. Cover and chill dough for 2-3 hours.
- 6. On a lightly floured board shape dough into flat loaves 1/2" thick, 2" wide and the length of your cookie sheet.
- 7. Place only 2 loaves per cookie sheet.
- 8. Bake in 375° F oven for about 20 minutes.
- 9. Remove from oven.and let cool to touch.
- 10.Slice diagonally in 1/2" slices